What can you achieve through better team working in your organisation?

A recent study, “Saving Lives: A Meta-Analysis of Team Training in Health Care” found that team training can reduce patient deaths by 15 per cent and medical errors by 19 per cent.¹

This US study confirms the findings of research in the NHS which has found significant relationships between team working, patient satisfaction, care quality, staff well-being and patient mortality:

- Increasing the percentage of staff working in ‘real teams’ in acute hospitals in England is associated with a reduction of 3% in patient mortality.²

- Effective team working leads to higher levels of innovation in the delivery of patient care in primary care and community mental health teams.³

- Teams with clear team objectives, a commitment to learning and support for innovation have higher levels of patient satisfaction.⁴

- Good team working is associated with lower levels of errors, stress, injury, sickness absence, intention to quit and turnover, harassment and bullying from colleagues, and harassment and bullying from service users.⁵

- Good team working is associated with higher levels of staff satisfaction and engagement.⁶

Research references overleaf

“Ensuring all NHS staff are working in effective teams is vital.”

“Team based working is vital for high quality, continually improving and compassionate patient care and for staff well-being. Ensuring all NHS staff are working in effective teams is vital.”

Michael West
Founding Director
Aston OD
Team Based Working

“The Aston Team Journey improves team-based knowledge, skills, attitudes and problem-solving interactions among staff by ensuring teams learn together, reflect together and apply their learning to their individual and joint work.”

Michael West
Founding Director
Aston OD

Research References


5. and 4 Staff satisfaction and organisational performance: evidence from a longitudinal secondary analysis of the NHS staff survey and outcome data
http://www.journalslibrary.nihr.ac.uk/hsdr/volume-2/issue-50#abstract


Aston Team Journey

An online ‘tool-kit’ for team leaders

The Aston Team Journey is a team assessment and development tool for team leaders to use with their teams. It improves performance by giving teams a structured, evidence-based experience they will value and enjoy.

A clear, ten-stage layout enables teams to work through the practical and interactive materials at their own pace, usually in four to six months.

Visit astonod.com for more information.

“We recognise the impact of effective team working on patient care. This is why the Aston Team Journey is so important in supporting our emerging culture at Frimley Health.”

Claire Quinn
Head of Learning and OD
Frimley Health